Rosemary Chicken Salad Sandwiches

Prep: 5 minutes | Cook: 0 minutes | Total: 5 minutes
Yield: 2 servings | Serving Size: 1 sandwich

Ingredients
1½ cups chopped or shredded cooked chicken breast
¼ cup nonfat plain Greek yogurt
2 tablespoons olive oil mayonnaise
2 tablespoons chopped green onions
¼ cup slivered almonds
¼ cup dried cranberries
1 tablespoon dried rosemary
1 teaspoon Dijon mustard
¼ teaspoon black pepper
4 slices of whole grain bread

Directions
1. Combine all ingredients, except the bread, in a large mixing bowl. Stir well.
2. Spread ½ of the mixture (about 1 cup) over one bread slice, top with second bread slice to form a sandwich.
3. Cut sandwiches in half and serve.

Recipe Notes
• Instead of whole grain bread, try with a pita, wrap, or on a bed of mixed greens.
• A great way to use leftover chicken or substitute leftover turkey if desired.

Nutrition Facts Per Serving: Calories: 445 | Total Fat: 13 g | Saturated Fat: 2.5 g
Sodium: 500 mg | Total Carbohydrate: 42 g | Dietary Fiber: 5 g | Protein: 40 g

Adapted from MyRecipes
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