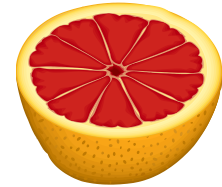


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# Medications and Grapefruit

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**Why?** Eating grapefruit and/or drinking grapefruit juice can reduce the breakdown of some drugs in the body and increase drug levels. Higher drug levels can increase the chance of having side effects from the drug.



Here is a list of common drugs that can be affected by grapefruit and grapefruit juice. Do not eat grapefruit or drink grapefruit juice while taking these drugs. If you are unsure if other drugs not listed below interact with grapefruit and grapefruit juice, ask your medical team.

- amiodarone (Cordarone®)
- atorvastatin (Lipitor®)
- budesonide (Entocort®)
- buspirone (BuSpar®)
- carbamazepine (Tegretol®)
- cilostazol (Pletal®)
- colchicine
- cyclosporine (Neoral®)
- diazepam (Valium®)
- eletriptan (Relpax®)
- etoposide (Vepesid®)
- felodipine (Plendil®)
- fexofenadine (Allegra®)
- halofantrine (Halfan®)
- itraconazole (Sporanox®)
- losartan (Cozaar®)
- lovastatin (Mevacor®)
- nifedipine (Adalat®, Procardia®)
- nimodipine (Nimotop®)
- nisoldipine (Sular®)
- pimozone (Orap®)
- quinidine (Quinagulate®, Quinidex®)
- ranolazine (Ranexa®)
- sildenafil (Viagra®, Revatio®)
- simvastatin (Zocor®)
- sirolimus (Rapamune®)
- tacrolimus (Prograf®)
- tadalafil (Cialis®)
- vardenafil (Levitra®)
- verapamil (Calan®, Covera®, Isoptin®, Verelan®)

If a drug is affected by grapefruit/grapefruit juice, problems can occur even with small amounts of the fruit. The effects can last for up to 3 days after eating grapefruit or drinking grapefruit juice.

Enjoy other citrus fruits or their juices such as oranges, tangerines, lemons, or lemonade. These do not interact in the same way with your drugs.

Note: Check with your medical team for any substitute drugs if you do not want to avoid grapefruit or grapefruit juice.

